



Alamo Heights

Health and Rehabilitation Center

Weekly Report

10/16/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 6 residents and 16 staff members test positive for COVID-19. All staff are fully recovered and back at work. We have gone more than 14 days with no new positive residents or staff. We continue to follow local, state and federal guidelines for testing. Due to Bexar county positivity rate being less than 10%, we are no longer required to test residents weekly. We will continue to test staff weekly until the positivity rate falls below 5%. At that point, we will test staff monthly

As you know, we have been preparing to safely allow visitors at our facility and we are so excited to for you to see your loved ones. As we previously reported, there are many factors that determine when a facility can open up for visitors, up to and including our county's COVID-19 positivity rate, residents' health status, or if there is a COVID outbreak in the facility. We are currently approved for outdoor visitation, please call to make an appointment.

Also, we are beginning visitation for Essential Caregivers who have been designated by the resident as someone who provides regular care and support to the resident. Each resident may have up to two (2) Essential Caregivers, but only one can visit at a time. Essential Caregiver visits will be limited in time depending on what our facility can safely accommodate. The visits will occur in designated areas which can be outdoors, in the resident's room or in any area of the facility that limits movement through the facility and interaction with other residents. If you have been designated as an Essential Caregiver, we will provide you with more specific procedures to ensure a safe visit with your loved one. If you wish to become an Essential Caregiver, please discuss this with your loved one or his/her legally responsible party and notify the facility.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator