



Alamo Heights

Health and Rehabilitation Center

Weekly Report

10/1/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 6 residents and 16 staff members test positive for COVID-19.

As you might be aware, and as we have previously communicated, CMS has distributed guidance for nursing facilities to allow visitors. While we are so excited to for you to see your loved ones and to have you back at our facility, there are many factors that determine when a facility can open up for visitors, up to and including our county's COVID-19 positivity rate, residents' health status, or if there is a COVID outbreak in the facility. Please be assured we are working hard to create visitation plans that will allow you to visit your loved ones as soon as possible, but we need to make sure the visits can be done safely. We will let you know as soon as those plans are in place.

As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

Weekly Report

10/9/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 6 residents and 16 staff members test positive for COVID-19. All staff are fully recovered and back at work. We have gone 19 days with no new positive staff and 36 days with no new positive residents. We continue to follow local, state and federal guidelines for testing. Due to Bexar county positivity rate being less than 10%, we are no longer required to test residents weekly. We will continue to test staff weekly until the positivity rate falls below 5%. At that point, we will test staff monthly.

Regarding visitation, your loved one's Guardian Angel (facility staff) is reaching out to inform you of all the updates and process. Please feel free to call and ask for the Guardian Angel if you have questions.

As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

Weekly Report

10/16/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 6 residents and 16 staff members test positive for COVID-19. All staff are fully recovered and back at work. We have gone more than 14 days with no new positive residents or staff. We continue to follow local, state and federal guidelines for testing. Due to Bexar county positivity rate being less than 10%, we are no longer required to test residents weekly. We will continue to test staff weekly until the positivity rate falls below 5%. At that point, we will test staff monthly

As you know, we have been preparing to safely allow visitors at our facility and we are so excited to for you to see your loved ones. As we previously reported, there are many factors that determine when a facility can open up for visitors, up to and including our county's COVID-19 positivity rate, residents' health status, or if there is a COVID outbreak in the facility. We are currently approved for outdoor visitation, please call to make an appointment.

Also, we are beginning visitation for Essential Caregivers who have been designated by the resident as someone who provides regular care and support to the resident. Each resident may have up to two (2) Essential Caregivers, but only one can visit at a time. Essential Caregiver visits will be limited in time depending on what our facility can safely accommodate. The visits will occur in designated areas which can be outdoors, in the resident's room or in any area of the facility that limits movement through the facility and interaction with other residents. If you have been designated as an Essential Caregiver, we will provide you with more specific procedures to ensure a safe visit with your loved one. If you wish to become an Essential Caregiver, please discuss this with your loved one or his/her legally responsible party and notify the facility.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

Weekly Report

10/26/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 6 residents and 16 staff members test positive for COVID-19. All staff are fully recovered and back at work. We continue to follow local, state and federal guidelines for testing. Due to Bexar county positivity rate being less than 10%, we will continue to test staff weekly until further notice.

Thank you all for being patient with us while we work through visitation schedules and logistics. We are happy to see how much joy your visits bring to our residents.

As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

New Case Report

10/29/2020

We would like to inform you of a new COVID-19 case. We have had one staff member and one resident test positive within the last 24 hours. The employee is home following quarantine procedures. The resident has been discharged to a Covid-19 positive facility. We are working with the local health department on any further recommendations.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator