



# Alamo Heights

## Health and Rehabilitation Center

### WEEKLY UPDATE

6/4/2020

Dear Residents and Families/Representatives,

As we approach summer and states are starting to reopen slowly, we want you to know that the staff at Alamo Heights Health and Rehab continues to work hard to keep our residents safe and we are still following all recommendations of our federal, state and local health officials to prevent the spread of COVID-19.

We are happy to report that, as of today, we have no confirmed cases of COVID-19 in our facility. The local fire department in conjunction with the local health department conducted facility wide testing of all residents and staff on May 19, 2020. Results were received today and all staff and residents have tested negative for COVID-19. We shall continue with our current infection control and prevention practices to continue to fight against this potential threat.

As a reminder, only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for updates. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 210-828-0606.

Sincerely,

Irene Salinas, LNFA  
Administrator



# Alamo Heights

## Health and Rehabilitation Center

### WEEKLY UPDATE

**6/10/2020**

Dear Residents and Families/Representatives,

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Sincerely,

Irene Salinas, LNFA  
Administrator



# Alamo Heights

## Health and Rehabilitation Center

### WEEKLY UPDATE

6/25/20

Dear Residents and Families/Representatives,

We are happy to report that, as of today, Alamo Heights Health and Rehab has no confirmed cases of COVID-19. We continue to follow the recommendations of our health officials and practice the enhanced safety measures that are listed on our website and previous communications.

We know the past few months have been a big adjustment for everyone, especially our residents. While our staff is working is very hard to make sure they are safe, we also want to make sure they are having some fun! We continue with hallway bingo and celebrations. Residents are also enjoying many one-to-one in room activities such as spa days, movie trivia, reading, and current events among others.

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Irene Salinas, RN, LNFA  
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