



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/1/20

Dear Residents and Families/Representatives,

Please accept this letter as Alamo Heights Health and Rehab weekly update to keep you informed about the status of COVID in our facility and what we are doing to keep our residents and staff safe during the ongoing coronavirus pandemic.

We are happy to report that, as of today, we have no confirmed cases of COVID-19 in our facility. As a reminder, Alamo Heights Health and Rehab had its facility wide testing on May 19th. At that time, all residents and staff were negative for COVID-19. Since then, several staff and residents have been retested and results have all been negative.

Our facility continues to follow the CDC and our local health department's guidance for all appropriate precautions and preventative measures to protect our residents and staff during this pandemic, including visitation recommendations. As such, and in accordance with the guidelines available to us, we are still continuing restrictions on visitation at this time.

We realize how difficult it is not to be able to see your loved ones, and we continue to closely monitor the situation in hopes that we can reopen for visitation soon. However, it is our responsibility to make sure your loved ones are as safe as possible and reopening our facility to visitors too soon could increase our residents' risk of exposure to COVID-19. As such, and for the safety and well-being of our residents, please continue to reach out to your loved ones through phone, FaceTime, letters and e-mail and feel free to contact us directly if you need assistance facilitating that communication. You also have the option of setting up window visits. Please coordinate these in advance between the hours of 9:00 am to 5:00 pm by calling 210-828-0606.

As a reminder, only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for updates. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 210-828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/2/20

Dear Residents and Families/Representatives,

Please accept this letter as Alamo Heights Health and Rehab weekly update to keep you informed about the status of COVID in our facility and what we are doing to keep our residents and staff safe during the ongoing coronavirus pandemic.

We wanted to inform you that one of our staff members tested positive for COVID-19 today. They are out for quarantine per CDC guidelines. We are working with the health department to facilitate further testing of residents and staff. We will keep you updated with any changes.

Our facility continues to follow the CDC and our local health department's guidance for all appropriate precautions and preventative measures to protect our residents and staff during this pandemic, including visitation recommendations. As such, and in accordance with the guidelines available to us, we are still continuing restrictions on visitation at this time.

We realize how difficult it is not to be able to see your loved ones, and we continue to closely monitor the situation in hopes that we can reopen for visitation soon. However, it is our responsibility to make sure your loved ones are as safe as possible and reopening our facility to visitors too soon could increase our residents' risk of exposure to COVID-19. As such, and for the safety and well-being of our residents, please continue to reach out to your loved ones through phone, FaceTime, letters and e-mail and feel free to contact us directly if you need assistance facilitating that communication.

As a reminder, only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for updates. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 210-828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/9/20

Dear Residents and Families/Representatives,

We hope everyone had a safe July 4th weekend. Over the holiday, and always, our staff works hard to prevent the spread of COVID-19 in our facility. We wanted to inform you that sadly two of our residents have tested positive for COVID-19 today. We are working with the health department and will conduct mass testing tomorrow 7/10/20 of residents and staff. We will keep you updated with any changes. We continue to follow our federal, state and local health officials' recommendations and guidance for all appropriate precautions and preventative measures that we have reported to you on our website and previous weekly updates.

With the growing number of COVID-19 cases in certain areas of the country, it is also important to remember what you can do to help prevent community spread of the virus. You should wash your hands often with soap and water for at least 20 seconds, avoid close contact with people who are sick and people who don't live in your household by maintaining six feet of distance between you and them, cover your mouth and nose with a cloth face cover when around others, cover coughs and sneezes using the inside of your elbow and immediately wash your hands with soap and water for at least 20 seconds, and clean and disinfect frequently touched surfaces daily.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 210-828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/16/20

Dear Residents and Families/Representatives,

Please accept this letter as an update on the status of COVID-19 in our facility and what we are doing to keep our residents and staff during this ongoing pandemic. Since the onset of this virus, we have had 2 residents and 1 staff member test positive for COVID-19. Last Friday, July 10, 2020, we conducted mass testing for all residents and staff. We are currently awaiting results and will let you know as soon as we receive them.

As the number of coronavirus cases throughout the country are rapidly changing, we continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please also remember what you can do to help stop community spread of this virus, such as practicing hand hygiene and social distancing, practicing proper cough etiquette, using face masks, and cleaning and disinfecting frequently touched surfaces daily.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210) 828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

FACILITY UPDATE

7/17/20

Dear Residents and Families/Representatives,

Please accept this letter as an update on the status of COVID-19 in our facility and what we are doing to keep our residents and staff safe during this ongoing pandemic. Since the onset of this virus, we have had 3 residents and 1 staff member test positive for COVID-19. This is up from 2 residents, one more resident has tested positive. Last Friday, July 10, 2020, we conducted mass testing for all residents and staff. We have received the results. All of our residents and staff have tested negative but the one resident previously mentioned. We will continue testing routinely and report any changes. Thank you for your patience and support during these times.

Please also remember what you can do to help stop community spread of this virus, such as practicing hand hygiene and social distancing, practicing proper cough etiquette, using face masks, and cleaning and disinfecting frequently touched surfaces daily.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210) 828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/24/20

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 4 residents and 7 staff members test positive for COVID-19. We have had one employee recover. We continue to conduct weekly mass testing. Our next test date is scheduled for July 28, 2020. We will continue to update you with any changes.

As you might already know, the federal government announced last week that it is going to send point-of-care testing supplies for COVID-19 to all skilled nursing facilities in the country. We hope this means better access to testing and faster results for our staff and residents, but we will keep you posted as we get more information and details on this development. As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 210-828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
Administrator



Alamo Heights

Health and Rehabilitation Center

WEEKLY UPDATE

7/31/20

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this virus, we have had 5 residents and 8 staff members test positive for COVID-19. Out of those 5 residents 3 have recovered. We will continue to conduct weekly mass testing until we go two weeks without any new positive cases. We are happy to report that this week, all residents and staff were negative, with the exception of one staff member that was considered to be reinfected. Our next testing date is scheduled for Tuesday, August 4, 2020. We will continue to update you with any changes.

As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (210)828-0606.

Sincerely,

Irene Salinas, RN, MSN, LNFA
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